



Feel free to use these notes and questions for family or group discussions!

“Body-Building”—1 Corinthians 12:12-31

How Do You Build Up The Body?

- 1) Do Not _____ Your Importance to the Body of Christ
- 2) Do Not _____ Your Importance to the Body of Christ
- 3) Celebrate The _____ In The Body

Questions For Discussion

- 1) Professional body builders spend a lot of time building up their bodies. How does this fit the analogy of the Body of Christ (the church)? How does this analogy not fit the Body of Christ?
- 2) What in our world outside the church can unite people? What is it that unites people in our church and also keeps them together?
- 3) What could be the result if people underestimate their importance to the Body of Christ?
- 4) What could be the result if people overestimate their importance to the Body of Christ?
- 5) Share an experience, if you are willing, and it is appropriate, when a part of your physical body was not functioning as it should. How did this affect the rest of your body? How is our spiritual body like that?
- 6) Parts of the Body of Christ are different and have different gifts. What helps you to celebrate the differences instead of letting the differences divide you? Share how to actively celebrate the differences. (Differences could be generational, economic, social, personality, etc...)
- 7) What are other applications you could take from this week’s message?